

THAT'S LIFE

SOLO TIME

Series Focus: *Psalms 90:12; Ephesians 5:15-16*

Spending time with God is an important part of our relationship with Him.

Proverbs 8:34-35; Psalm 25:4-5

Notes:

Bible study is a great way to spend one-on-one time with God because it...

- helps me trust God (*John 20:30-31*)
- helps me to not sin against God (*Psalms 119:9-11*)
- helps me to know God's will (*Romans 12:2*)
- gives me a chance to hear to God speak (*2 Timothy 3:16*)
- reminds me of what God has done (*Deuteronomy 6:7-12*)
- teaches me what God is like ---- see "Who God Is" on back

Notes:

Meditation is a great way to spend one-on-one time with God

Psalms 1:1-2; 4:4; 119:48

Notes:

Prayer is a great way to spend one-on-one time with God

Luke 5:16; Luke 6:12; Mark 1:35; Matthew 26:36

Notes:

**ARE YOU INTENTIONAL ABOUT USING THE TIME YOU HAVE WISELY?
WHAT WOULD IT TAKE TO SPEND MORE ONE-ON-ONE TIME WITH GOD?**

What I know about God...

God is

- ∂ **LOVE** — 1 John 4:16
- ∂ *all powerful* —
- ∂ *righteous* —
- ∂ **CREATOR**
- ∂ *sovereign*
- ∂ *Our ransom*
- ∂ *Our peace*
- ∂ *Just*
- ∂ *Spirit*
- ∂ *Light*
- ∂ **Holy**
- ∂ *Good*
- ∂ *Truth*
- ∂ *Our Refuge*
- ∂ *Our helper*
- ∂ **Our advocate**
- ∂ *Our refiner*
- ∂ **kind**
- ∂ **INFINITE**
- ∂ **patient**
- ∂ **all wise**
- ∂ *faithful*
- ∂ **OUR STRENGTH**
- ∂ **our hope**
- ∂ *our redeemer*
- ∂ *changeless*
- ∂ **merciful**
- ∂ *jealous*
- ∂ *near*
- ∂ **TRANSCENDENT**
- ∂ **all knowing**